



INSTRUCTIONAL HOURS: 40

RECOMMENDED PRE-REQUISITE(S): RN OR RPN – current CNO Registration

CO-REQUISITES: n/a

APPROVED FOR USE IN ACADEMIC SEMESTERS: 2010/2011

COURSE DESCRIPTION:

RN or RPN, certificate of completion Advanced nursing foot care, current CNO certificate of registration, professional insurance in the amount of \$3 million liability/malpractice (obtained through your nursing association).

Course of study: 40 hours includes 8 hours of in-class theory, 24 hours of clinical practice, 4 hours for exam and 4 hours for wrap up. These include assigned readings and some self study.

RATIONALE:

Opportunities for additional knowledge and the practical application of concepts and skills of basic footcare in a simulated and actual client setting is essential preparation for the RN and RPN to function within the scope of practice as defined in the Regulated Health Professions Act.

COURSE DELIVERY:

The course content may be presented through a blend of instructional methods, including lecture, Internet, discussion, independent study, audio/video conferencing and videotape.

LEARNING OBJECTIVES/OUTCOMES:

Upon successful completion of this course, the student will be able to:

1. Describe Anatomy
Potential Elements of the Performance: describe the normal anatomy and physiology of the foot, including differences in the child, adult and elderly
2. Identify Risk Factors
Potential Elements of the Performance: identify factors which place the individual at risk for developing foot problems
3. Understand Foot Care Problems
Potential Elements of the Performance: demonstrate a beginning understanding of common foot problems including etiology, tissue change, possible complications, treatment and prevention of problems and recurrences
4. Perform Assessment
Potential Elements of the Performance: collect data relevant to the health

- of the client's feet through a health history and physical assessment/examination of the feet
5. Perform Documentation
Potential Elements of the Performance: documentation of findings, patient confidentiality and appropriate use of health records as set out by CNO
 6. Practice Routines
Potential Elements of the Performance: demonstrate routine nail care including techniques in cutting nails or various thicknesses
 - Demonstrate correct filing techniques for nails and soft tissue
 - Soft tissue management including detritus removal, moisturizing, and debridement
 - Assess the need for referral and state the appropriate referral resources
 - Provide first aid management where needed
 - Provide health teaching regarding basic foot care, treatment of existing conditions, prevention of complication and recurrences

TOPICS:

- Anatomy and physiology of the child, adult and geriatric foot/feet
- Risk factors and pathology of soft tissue and the nail
- Assessment of the foot
- History and documentation in nursing foot care
- Routine nail care
- Instruments, tools and infection control in nursing foot care
- Referral and community resources
- Lab practice
- Clinical practice

REQUIRED COURSE MATERIAL: (to be purchased by the learner)

Lazenby, Cindy (2008). Nursing Foot Care Management Manual: Basic, Advanced & Diabetic

Hand Outs and work sheets supplied by the instructor

CNO Practice Standard (Best Practice Guidelines): Infection Prevention and Control and Documentation. Download from:
<http://www.cno.org/docs/prac/41002documentation.pdf>

STUDENT EVALUATION:

Evaluation of learning is guided by the learning outcomes and arrived at conjointly through student/teacher interactions.

Students will:

- Successfully complete a 2 hour written and in class exam and achieve 80%

- Demonstrate proficiency of skill at the basic level in lab and clinical applications
- Meet the requirement for mandatory attendance (40 hours)

At the end of the course the student will receive a final report noting his/her progress in relation to the learning outcomes. Upon completion of all course requirements the student will receive a certificate of completion.

At the end of the semester, the student can access their final grade on their student portal at my.saultcollege.ca. The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

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Academic Manager
Signature "Laurie Poirier"

NOTICE TO ALL
 STUDENTS:

We urge you to retain this course outline for future reference. There is a charge for additional copies.